



Midlothian Studio:

2441 Colony Crossing Place
Midlothian, Virginia 23112
(804) 272-9152
danceatlegacy@gmail.com

Fall 2026 Schedule

Class Begin: Monday, September 14th

Class Ages and Experience Guidelines

Ages 2-6 | Pre-Dance & Beginning Level

Our youngest dancers! Classes are a combination of basic ballet, creative movement, and introductory tap or jazz skills. Terminology, rhythm, and coordination are introduced, practiced, and developed through movement and music in a positive, supportive environment. Larger classes will include both a teacher and an assistant to help meet each student's needs.

Ages 6-8 | Petite Program – Level 2

Students in the Petite Program participate in the foundational levels of dance training. They learn discipline and technique while gaining knowledge of basic dance movement and choreography. These classes focus on rhythm, musicality, expression, and coordination using age-appropriate choreography. We offer Petite Level classes in Ballet, Jazz, Tap, Hip Hop, and Contemporary.

Advanced Technique Program (Ages 8 and Up)

For the 2026 dance season, Legacy will offer seven Advanced Training Levels. Our Advanced Technique Program is designed to meet each dancer's individual needs and goals. Dancers may choose to train in one style or multiple styles based on their interests.

While dancers' experience and backgrounds may vary, all students will be placed in a level that appropriately challenges them while reinforcing and developing essential foundational skills. Whether a dancer's goal is recreational training, continued dance education, or a professional path, we will help design class placements that best support their journey.

Age is only one factor considered when placing students. Experience, skill level, and maturity are heavily weighed in all placement decisions.

New students will be evaluated to ensure proper placement. Students entering without prior experience are always welcome, and our goal is to place every dancer in the most appropriate class for their development.

Ballet Company: Approval is required for Ballet Company classes. Dancers must also be enrolled in a second ballet class at their current level.

Pre-Pointe & Pointe: Enrollment in Pre-Pointe or Pointe requires instructor approval. A proper evaluation must be completed for all pointe dancers. Students must also be enrolled in a ballet class.

Legacy reserves the right to make adjustments to any student's class schedule. Ensuring appropriate placement for each dancer's maturity, growth, and development is our highest priority.

www.legacyschoolofdance.com

<i>Monday</i>			<i>Tuesday</i>			<i>Wednesday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
			1:00-2:00p.m. Beg. Ballet/Tap 3-5 years					4:30-5:00p.m. Team Tap
4:45-6:15p. Ballet Level 7	5:15-6:15p.m. Ballet/Tap 3-5 years	5:00-5:45p.m. Pre-Ballet/Tap 2-4 years	5:00-6:00p.m. Contemporary Level 3	5:00-6:00p.m. Ballet/Jazz 4-6 years	5:00-6:00p.m. Petite Hip Hop 5-7 years	5:00-6:00p.m. Contemporary Level 6	5:00-6:00p.m. Jazz Level 4 & 5	5:00-6:00p.m. Tap Level 7
6:15-7:45p. Ballet Level 6	6:15-7:15p. Pointe Level 3+	5:45-6:45p.m. Petite Ballet/Jazz 5-7 years	6:00-7:00p.m. Jazz Level 3	6:00-7:00p.m. Hip Hop Level 2	6:00-7:00p.m. Petite Ballet/Contemporary 5-7 years	6:00-7:00p.m. Contemporary Level 7	6:00-7:00p.m. Hip Hop Level 4 & 5	6:00-7:00p.m. Tap Level 6
	7:15-8:15p. Ballet Level 3	6:45-8:15p.m. Ballet Level 4-5	7:00-8:00p.m. Jazz TEEN	7:00-8:00p.m. Hip Hop 3-4	7:00-8:00p.m. Acro Beginner	7:00-8:00p.m. Jazz Level 7	7:00-8:00p.m. Hip Hop Level 6	7:00-8:00p.m. Tap Level 3-5
7:45-8:45p. Pointe Level 2	8:15-9:00m. Pointe Level 1	8:15-9:00m. Pre- Pointe	8:00-9:00p.m. Contemporary TEEN	8:00-9:00p.m. Acro Levels 3-5		8:00-9:00p.m. Hip Hop Level 7	8:00-9:00p.m. Jazz Level 6	8:00-9:00p.m. Contemporary Level 4-5
<i>Thursday</i>			<i>Friday</i>			<i>Saturday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
5:00-6:00p.m. Acro Level 5 & 6	5:00-6:00p.m. Ballet & Contemporary Level 2	5:00-6:00p.m. Ballet/Jazz 4-6 years		5:00-6:00p.m. Ballet/Tap 3-5 years				9:00-9:45a.m. Pre-Ballet/Tap 2-4 years
6:00-7:00p.m. Acro Level 7	6:00-7:00p.m. Jazz / Tap Level 2	6:00-7:30p.m. Petite Ballet/Jazz/Tap 5-7 years		6:00-7:00p.m. Petite Ballet/Tap 5-7 years				9:45-10:45a.m. Ballet/Tap 4-5 years
7:00-8:30p.m. Ballet Company	7:00-8:30p.m. Ballet Company	7:30-8:30p.m. Acro Level 2-3						10:45-11:45a.m. Petite Ballet/Jazz 5-7 years
8:30-9:00p.m. Ballet Company Choreography Workshop	8:30-9:00p.m. Ballet Company Choreography Workshop	8:30-9:00p.m. Ballet Company Choreography Workshop						

