



Midlothian Studio:

2441 Colony Crossing Place
Midlothian, Virginia 23112
(804) 272-9152
danceatlegacy@gmail.com

Fall 2023 Schedule

Class Begin: Monday, September 11th

Class Ages and Experience Guidelines

Ages 2-6 Pre-dance and Beginning Level:

Our youngest dancers! Classes are a combination of basic ballet, creative movement, tap or jazz skills. Terminology, rhythm, and coordination are taught, practiced, and developed through movement and music in a positive and supportive environment. Larger classes will have a teacher and an assistant to help meet students' needs.

Ages 6-8 years: Petite Program, Level I:

These students will be participating in the basic levels of dance training. Students learn discipline and technique while gaining knowledge in the fundamentals of dance movement and choreography. These classes teach rhythm, musicality, expression, and coordination with age appropriate choreography. We offer Petite Level classes with a focus in Ballet, Jazz, Tap, Hip Hop and Contemporary.

Advanced Technique Program:

For dancers ages 8 and up

For the 2023-24 dance season Legacy will be shifting to include 7 Advanced Training Levels. Our Advanced Training Program is designed to fit each individual's needs and desires. Dancers may choose to train in one style of dance, or multiple styles of dance based on their interest level. Experience and backgrounds of each dancer may vary, however all students will be placed at a level that will challenge them appropriately, while also reinforcing and working on foundational skills needed. Whether your desire is to dance recreationally, or a dancer is looking to continue their dance education or dance professionally, we will help to design the correct class placements to suit your needs.

Age is only one factor used when placing students into levels, experience and skill level will be heavily weighed in all placement decisions

New students will need to be evaluated for proper placement. It is our goal to place every student in the most appropriate class for their level and maturity. Students entering without experience are always welcome to join us.

Ballet Company: To be approved for company classes you must also enroll in a second ballet class at your level.

Pre-Pointe and Pointe: Students may enroll in Pre-Pointe or Pointe with an instructor's approval. It is important that a proper evaluation is completed for all pointe dancers.

Legacy reserves the right to make changes to any student's class schedule, it is important to us that we have the most appropriate placement for maturity and development for every dancer.

www.legacyschoolofdance.com

<i>Monday</i>			<i>Tuesday</i>			<i>Wednesday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
			1:00-2:00p.m. Beg. Ballet/Tap 3-5 years					
4:45-5:45p.m. Contemporary Level 5	5:00-5:45p.m. Pre-Ballet/Tap 2-3 years	5:00-6:00p.m. Beg. Ballet/Tap 3-5 years	5:00-6:00p.m. Ballet Level 3	5:15-6:00p.m. Pre. Ballet/Tap 2-4 year	5:00-6:00p.m. Petite Jazz/Tap	5:00-6:00p.m. Contemporary Level 6	5:00-6:00p.m. Hip Hop Level 3	5:00-6:00p.m. Tap Level 7
5:45-7:00p.m. Ballet Level 7	5:45-7:00p.m. Ballet Level 5	6:00-7:00p.m. Ballet/Jazz 5-7 years	6:00-7:00p.m. Acro 3 & 4	6:00-7:00p.m. Ballet/Jazz 5-7 years	6:00-7:00p.m. Petite Hip Hop	6:00-7:00p.m. Contemporary Level 7	6:00-7:00p.m. Hip Hop Level 5 & 6	6:00-7:00p.m. Tap Level 3 & 4
7:00-8:00p.m. Pointe Level 4+	7:00-8:15p.m. Ballet Level 6	7:00-8:00p.m. Jazz Level 5	7:00-8:00p.m. Ballet Level 4	7:00-8:00p.m. Jazz Level 3	7:00-8:00p.m. Hip Hop Level 2	7:00-8:00p.m. Jazz Level 7	7:00-8:00p.m. Hip Hop Level 4	7:00-8:00p.m. Tap Level 5 & 6
8:15-9:00p.m. Pointe Level 2 & 3	8:15-9:00p.m. Pointe Level 1	8:15-9:00p.m. Pre-Pointe Ages 10+	8:00-9:00p.m. Contemporary Level 4	8:00-9:00p.m. Contemporary Level 3	8:00-9:00p.m. Jazz/Tap Level 2	8:00-9:00p.m. Hip Hop Level 7	8:00-9:00p.m. Jazz Level 6	8:00-9:00p.m. Jazz Level 4
<i>Thursday</i>			<i>Friday</i>			<i>Saturday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
5:00-6:00p.m. Acro Level 5 -7 - INT	5:00-6:00p.m. Ballet/Jazz 4-6 years	5:00-6:00p.m. Acro Petite & Level 2		5:00-6:00p.m. Ballet/Tap 3-5 years				9:00-10:00a.m. Pre-Ballet/Tap 2-4 years
6:00-7:00p.m. Acro Level 5-7 - ADV	6:00-7:00p.m. Petite Ballet/ Contemporary	6:00-7:00p.m. Ballet Level 2						10:00-11:00a.m. Ballet/Jazz 4-6 years
7:00-9:00p.m. Ballet Company	7:00-9:00p.m. Ballet Company	7:00-8:00p.m. Jazz/Contemporary Level 2						