



Midlothian Studio:

2441 Colony Crossing Place
Midlothian, Virginia 23112
(804) 272-9152
danceatlegacy@gmail.com

Fall 2022 Schedule

Class Begin: Monday, September 12th

Class Ages and Experience Guidelines

Ages 2-6 Pre-dance and Beginning Level:

Our youngest dancers! Classes are a combination of basic ballet, creative movement, tap or jazz skills. Terminology, rhythm, and coordination are taught, practiced, and developed through movement and music in a positive and supportive environment. Larger classes will have a teacher and an assistant to help meet students' needs.

Ages 6-8 years: Petite Program, Level I:

These students will be participating in the basic levels of dance training. Students learn discipline and technique while gaining knowledge in the fundamentals of dance movement and choreography. These classes teach rhythm, musicality, expression, and coordination with age appropriate choreography. We offer Petite Level classes with a focus in Ballet, Jazz, Tap, Hip Hop and Contemporary.

Advanced Technique Program:

For dancers ages 8 and up

Experience must relate to the style of dance.

Level 2: Minimum of 0-2 years of experience

Level 3: Minimum of 4 years of experience

Level 4: Minimum of 6 years of experience

Level 5: Minimum of 7 years of experience

Level 6: Minimum of 8 years of experience

Ballet Company: To be approved for company classes you must also enroll in a second ballet class at your level. Ballet company is open to dancers approved for Level II and above.

Pre-Pointe and Pointe: Students may enroll in Pre-Pointe or Pointe with an instructor's approval. It is important that a proper evaluation is completed for all pointe dancers.

Experience and backgrounds of each dancer may vary. New students will need to be evaluated for proper placement. New students with experience in dance will need to be evaluated in an appropriate level class and then placed in the most appropriate class for their level and maturity. Students entering without experience are always welcome to join us. We will evaluate each new dancer to make sure we place them in the most accurate level.

Legacy reserves the right to make changes to any student's class schedule, it is important to us that we have the most appropriate placement for maturity and development for every dancer.

www.legacyschoolofdance.com

<i>Monday</i>			<i>Tuesday</i>			<i>Wednesday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
			1:00-2:00p.m. Beg. Ballet/Tap 3-5 years					
	4:45-5:30p.m. Pre-Ballet/Tap 2-4 years		4:30-5:30p.m. Beg. Acro 5+	4:45-5:30p.m. Pre. Ballet/Tap 2-4 year	5:00-6:00p.m. Ballet/Jazz 4-6 years	5:00-6:00p.m. Contemporary V	5:00-6:00p.m. Contemporary IV-Purple	5:00-6:00p.m. Hip Hop II
5:00-6:30p.m. Ballet IV-Purple	5:30-6:30p.m. Ballet/Jazz 5-7 years	5:30-6:30p.m. Tap V & VI	5:30-6:30p.m. Ballet III	5:30-6:30p.m. Petite Hip Hop	6:00-7:00p.m. Contemporary II	6:00-7:00p.m. Contemporary VI	6:00-7:00p.m. Jazz IV-Purple	6:00-7:00p.m. Jazz IV-Blue
6:30-8:00p.m. Ballet VI	6:30-8:00p.m. Ballet V	6:30-7:30p.m. Tap III & IV	6:30-7:30p.m. Contemporary III	6:30-7:30p.m. Petite Jazz/Tap	7:00-8:00p.m. Ballet II	7:00-8:00p.m. Jazz VI	7:00-8:00p.m. Jazz V	7:00-8:00p.m. Hip Hop III-IV
8:00-9:00p.m. Pointe III+	8:00-9:00p.m. Pointe I-II	7:30-9:00p.m. Ballet IV -Blue	7:30-8:30p.m. Jazz III	7:30-8:30p.m	8:00-9:00p.m. Jazz/Tap II	8:00-9:00p.m. Hip Hop V-VI	8:00-9:00p.m. Beg/Int. Acro 8+	8:00-9:00p.m. Contemporary IV-Blue
<i>Thursday</i>			<i>Friday</i>			<i>Saturday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
5:00-6:00p.m. Int./Adv. Acro Ages 11+	5:00-6:00p.m. Int. Acro 10+	5:00-6:00p.m. Beg. Ballet/Tap 3-5 years		5:00-6:00p.m. Ballet/Tap 4-6 years				9:00-10:00a.m. Pre-Ballet/Tap 2-4 years
6:00-7:00p.m. Adv. Acro Ages 11+	6:00-7:00p.m. Pre-Pointe 10+	6:00-7:00p.m. Petite Ballet						10:00-11:00a.m. Ballet/Jazz 4-6 years
7:00-9:00p.m. Ballet Company	7:00-9:00p.m. Ballet Company	7:00-8:00p.m. Petite Contemporary						