



## **Midlothian Studio:**

2441 Colony Crossing Place  
Midlothian, Virginia 23112  
(804) 272-9152  
danceatlegacy@gmail.com

## **Fall 2024 Schedule**

**Class Begin: Monday, September 9th**

### **Class Ages and Experience Guidelines**

#### **Ages 2-6 Pre-dance and Beginning Level:**

Our youngest dancers! Classes are a combination of basic ballet, creative movement, tap or jazz skills. Terminology, rhythm, and coordination are taught, practiced, and developed through movement and music in a positive and supportive environment. Larger classes will have a teacher and an assistant to help meet students' needs.

#### **Ages 6-8 years: Petite Program, Level I:**

These students will be participating in the basic levels of dance training. Students learn discipline and technique while gaining knowledge in the fundamentals of dance movement and choreography. These classes teach rhythm, musicality, expression, and coordination with age appropriate choreography. We offer Petite Level classes with a focus in Ballet, Jazz, Tap, Hip Hop and Contemporary.

#### **Advanced Technique Program:**

##### ***For dancers ages 8 and up***

Our Advanced Training Program is designed to fit each individual's needs and desires. Dancers may choose to train in one style of dance, or multiple styles of dance based on their interest level. Experience and backgrounds of each dancer may vary, however all students will be placed at a level that will challenge them appropriately, while also reinforcing and working on foundational skills needed. Whether your desire is to dance recreationally, or a dancer is looking to continue their dance education or dance professionally, we will help to design the correct class placements to suit your needs.

**\*\*\*NEW\*\*\*** Due to class sizes and ensuring our students are getting the best opportunity to grow, practice and learn, we will be offering TWO level 7's in Ballet, Contemporary and Jazz. Dancers will not be designated into a level 7A or B. Classes will fill on a first come, first serve basis. Each class has a cap to ensure there will be an equal number of students in each class.

Age is only one factor used when placing students into levels, experience and skill level will be heavily weighed in all placement decisions

New students will need to be evaluated for proper placement. It is our goal to place every student in the most appropriate class for their level and maturity. Students entering without experience are always welcome to join us.

**Ballet Company:** To be approved for company classes you must also enroll in a second ballet class at your level.

**Pre-Pointe and Pointe:** Students may enroll in Pre-Pointe or Pointe with an instructor's approval. It is important that a proper evaluation is completed for all pointe dancers.

Legacy reserves the right to make changes to any student's class schedule, it is important to us that we have the most appropriate placement for maturity and development for every dancer.

**[www.legacyschoolofdance.com](http://www.legacyschoolofdance.com)**

<i>Monday</i>			<i>Tuesday</i>			<i>Wednesday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
			1:00-2:00p.m. Beg. Ballet/Tap 3-5 years					
4:30-6:00p.m. Ballet Level 7A	4:45-5:45p.m. Beg. Ballet/Tap 3-5 years	5:00-5:45p.m. Pre-Ballet/Tap 2-3 years	5:00-6:00p.m. Acro Level 3-5	5:00-6:00p.m. Ballet/Jazz 4-6 years	4:45-5:30p.m. Pre-Ballet/Tap 2-4 years	5:00-6:00p.m. Contemporary Level 7A	5:00-6:00p.m. Hip Hop Level 2	5:00-6:00p.m. Tap Level 6-7
6:00-7:30p.m. Ballet Level 6	5:45-6:45p.m. Ballet Level 3	5:45-6:45p.m. Petite Ballet/Jazz 5-7 years	6:00-7:00p.m. Contemporary Level 4 & 5	6:00-7:00p.m. Jazz Level 3	5:30-7:00p.m. Petite Ballet/Jazz/Tap 6-7 years	6:00-7:00p.m. Jazz Level 7A	6:00-7:00p.m. Hip Hop Level 6-7	6:00-7:00p.m. Tap Level 3-5
	6:45-7:30p.m. Pointe Level 3+	6:45-8:15p.m. Ballet Level 4 & 5	7:00-8:00p.m. Jazz Level 4 & 5	7:00-8:00p.m. Contemporary Level 3	7:00-8:00p.m. Petite Hip Hop 5-7 years	7:00-8:00p.m. Contemporary Level 7B	7:00-8:00p.m. Contemporary Level 6	7:00-8:00p.m. Hip Hop Level 4 & 5
7:30-9:00p.m. Ballet Level 7B	7:45-8:30p.m. Pointe Level 2	8:15-9:00p.m. Pointe Level 1	8:00-9:00p.m. Pre-Pointe Ages 10+	8:00-9:00p.m. Acro Level 5-7 INT/ADV	8:00-9:00p.m. Hip Hop Level 3	8:00-9:00p.m. Jazz Level 7B	8:00-9:00p.m. Jazz Level 6	8:00-9:00p.m. Hip Hop Level 7
<i>Thursday</i>			<i>Friday</i>			<i>Saturday</i>		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
5:00-6:00p.m. Acro Level 5-7 INT	5:00-6:00p.m. Ballet Level 2	5:00-6:00p.m. Ballet/Jazz 4-6 years		5:00-6:00p.m. Ballet/Tap 3-5 years				9:00-9:45a.m. Pre-Ballet/Tap 2-4 years
6:00-7:00p.m. Acro Level 5-7 ADV	6:00-7:00p.m. Petite Ballet/ Contemporary	6:00-7:00p.m. Contemporary/Jazz Level 2		6:00-7:00p.m. Petite Ballet/Tap 5-7 years				9:45-10:45a.m. Pre-Ballet/Tap 4-5 years
7:00-8:30p.m. Ballet Company	7:00-8:30p.m. Ballet Company	7:00-8:00p.m. Acro Petite and Level 2						10:45-11:45a.m. Ballet/Jazz 5-7 years
8:30-9:00p.m. Ballet Company Choreography Workshop	8:30-9:00p.m. Ballet Company Choreography Workshop	8:30-9:00p.m. Ballet Company Choreography Workshop						

